

## SIDES

BOMBAY POTATO 7.95

BHINDI BHAJI 7.95  
Okra.

PHULKOPIR BHAJI 7.95  
Cauliflower.

MASHARUM BHAJI 7.95  
Mushroom.

ALOO GOBI 7.95  
Potato & cauliflower.

SAAG PANEER 7.95  
Indian cheese & spinach.

SAAG ALOO 7.95  
Spinach & potato.

GRANDMOTHER  
DHAL 7.95  
Mixed split lentils.

CHANNA BHAJI 7.95  
Chickpeas.

MOTOR PANEER 7.95  
Indian cheese with garden peas.

## SUNDRIES

CHIPS 4.95

PICKLE TRAY 4.95

GREEN SALAD 3.95

RAITA 4.75  
Cucumber or onion yogurt.

PICKLES 1.40 EACH

POPPADOM 1.20  
Plain or spicy.

## BREAD

CHAPATI 2.95

PARATHA 4.95

PLAIN NAAN 4.80

GARLIC NAAN 5.50

GARLIC & CORIANDER  
NAAN 5.50

CHEESE & ONION  
NAAN 5.50

KEEMA NAAN 5.50  
Spiced minced lamb.

PESHWARI  
NAAN 5.50  
Coconut, almond & sultanas.

## RICE

BOILED RICE 4.95

PILAU RICE 4.95

GARLIC RICE 5.50

CHILLI RICE 5.50

LEMON RICE 5.50

MUSHROOM RICE 5.50

VEGETABLE RICE 5.50

EGG FRIED RICE 5.50

COCONUT RICE 5.50

SPECIAL FRIED  
RICE 5.50  
With egg, garden peas & nuts.

KEEMA RICE 5.50  
Spiced minced lamb.

## CHILDREN'S DISHES 7.95

All served with chips.

CHICKEN NUGGETS

CHICKEN TIKKA MASALA

CHICKEN KORMA

CHICKEN CURRY

OMELETTE

## ALLERGY NOTICE

NUTS & OTHER ALLERGENS ARE  
HANDLED IN OUR KITCHEN.

VEGETARIAN  
CONTAINS NUTS  
CONTAINS GLUTEN

Our kitchen aims to keep  
non-meat items separate from  
meat products. However, we  
cannot guarantee there will  
be no cross-contamination.

BEFORE ORDERING PLEASE  
SPEAK TO OUR STAFF ABOUT  
ANY DIETARY REQUIREMENTS.

Products are fried in oil produced  
from genetically modified soya.

We take great care to remove  
the bones & cartilage from our  
boneless items, but there is a  
small chance of finding them.

ALL PRICES INCLUDE 20% VAT.

# BENGAL PRIDE



## BENGAL PRIDE

133 CHANTERLANDS AVENUE | HULL | EAST YORKSHIRE | HU5 3TJ  
TELEPHONE 01482 442119 | WWW.BENGALPRIDE.CO.UK

Please review us on Trip Advisor or follow us on social media: @BengalPrideHull

# Main Menu



## CONNOISSEUR FUSION APPETISERS

**STUFFED PEPPER 8.95**  
Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

**CHICKEN NAMBALI 8.95**  
Whole marinated chicken breast fillet covered in melted cheese.

**CHICKEN SATAY 8.95** 🌶️  
Sweet & spicy chicken with satay sauce.

**SATAY SIZZLER 8.95** 🌶️  
Chicken tikka & lamb tikka stir-fried with mushrooms (contains dairy).

**BEHARI KEBAB 8.95**  
Chicken tikka & sheek kebab cooked with onion, green pepper & garlic

**SPICY PANGAS 8.95**  
Diced white fish, lightly coated in spices, shallow fried & garnished with fried onions.

**CALAMARI 8.95** 🌶️  
Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

**KHAKHRA CHAAT 9.95** 🌶️  
Spiced minced crab meat with mashed potato, served with puri bread.

**HOT TUNA CHAAT 9.95** 🌶️  
Spicy tuna cooked with fresh chilli, onion & peppers, served with thin puri bread.

## VEGETARIAN STARTERS

**ONION BHAJI 6.95** 🌶️🌱  
Spiced onion balls, deep fried.

**VEG SAMOSA 6.95** 🌶️🌱  
Spiced vegetables wrapped in a deep fried pastry parcel.

**CREAMY GARLIC MUSHROOMS 7.95** 🌱

**DESI SINGARA 7.95** 🌶️🌱  
Popular Indian street food: Spicy potato, peas & vegetables stuffed in thin dough & deep fried.

**ALOO CHAAT PURI 7.95** 🌶️🌱🌶️  
Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

**DHAL PURI 7.95** 🌶️🌱🌶️  
Popular Indian street food: Hot & spicy lentil snack of stuffed pastry filled with a blend of lentil, chilli powder, turmeric, coriander and cumin powder.

**DHAI CHANNA 7.95** 🌱  
Spicy chickpea with fresh yogurt.

**PANEER TIKKA 8.95** 🌱  
Marinated Indian cheese, barbecued in the tandoor.

**CHILLI PANEER 8.95** 🌱  
Indian cheese with chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

**MEAT SAMOSA 6.95** 🌶️  
Spiced meat wrapped in a deep fried pastry parcel.

**CHICKEN PAKORA 8.95** 🌶️  
Chicken breast pieces dipped in spicy batter & deep fried.

**CHICKEN TIKKA 8.95**  
Marinated & cubed meat, barbecued in the tandoor.

**NAGA CHICKEN 8.95**  
Special chilli flavoured home-cooked chicken – hot dish!

**HONEY CHICKEN TIKKA 8.95**  
Chicken breast pieces marinated in yoghurt & chilli infused honey.

**SIZZLING CHICKEN 8.95**  
Thinly sliced chicken tikka, stir-fried with onion & green pepper with herbs & spices a touch of methi.

## TRADITIONAL STARTERS

**SHEEK/SHAMI KEBAB 8.95**  
Marinated minced lamb, grilled in the tandoor.

**MIXED KEBAB 8.95**  
Includes chicken tikka, lamb tikka & sheek kebab.

**RESMI KEBAB 9.75**  
Marinated minced lamb, grilled in a tandoor then wrapped with omelette.

**FISH MASALA 9.75** 🌶️  
White fish, dusted with masala spices & deep fried.

**PRAWN PURI 9.95** 🌶️  
Prawns cooked bhuna style, served with a thin puri bread.

**PRAWN COCKTAIL 9.95**

## CHEF SPECIALITIES

**BUTTER CHICKEN 14.95** 🌶️  
**MILD** Strips of fresh, boneless tandoori chicken, cooked in a rich butter sauce with fresh cream, almonds & carefully selected mild spices.

**PASSANDA\* 14.95** 🌶️  
**MILD** Chicken cooked with cream & ground almonds to give it a fruity, nutty flavour, garnished with cashew nuts

**SHAHI AMCHOR\* 14.95** 🌶️  
**MILD** Marinated chicken cooked with mango, almonds, fresh cream & Malibu.

**KASHMIRI CHICKEN\* 14.95**  
**MILD** Fresh caramel bananas top this mild & creamy dish.

**ASSAM SPECIAL\* 14.95**  
**MED** Spiced chicken cooked with shatkora pickle – a type of lemon that only grows in parts of Bangladesh.

**LAKNAVI\* 14.95**  
**MED** Saucy bhuna chicken dish with garlic paste, lemon juice, herbs & spices.

**ROSHUN CHICKEN\* 14.95**  
**MED** Diced chicken cooked with roasted garlic, onion & tomato.

**ACHARI CHICKEN\* 14.95**  
**MED** Chicken cooked with mixed pickle, herbs & spices. Slightly tangy.

**HONEY CHILLI CHICKEN 14.95**  
**MED** Chicken cooked with crushed chilli & glazed with honey.

\*Swap chicken for lamb £1 extra.

**CHICKEN SHASLICK KORAI 14.95**

**MED** Chicken barbecued in the tandoori together with onion, tomato & pepper then re-cooked in a medium sauce.

**CORIANDER CHICKEN 14.95**  
**MED** Chicken tikka in a blended coriander sauce with onion, tomato & selected herbs & spices.

**MURGI BAHAR 14.95**  
**MED** Chicken cooked with minced meat, selected herbs & spices, onion, garlic, coriander & whole boiled egg.

**PARO 14.95**  
**MED** Sliced chicken or lamb, lightly spiced & stir-fried with onion & green peppers, infused with liquid seasoning to impart smoky flavour, medium to dry dish.

**MIX GRILL KORAI 14.95**  
**MED** Highly flavoured dish with tandoori chicken, chicken tikka, lamb tikka & sheek kebab.

**BENGAL PRIDE SPECIAL 15.95**  
**MED** Chicken tikka, lamb tikka, king prawn & minced meat cooked with exotic herbs & spices.

**CHATTINARD 14.95** 🌶️  
**MED-HOT** Chicken cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

**CHICKEN REZELLA 14.95**  
**MED-HOT** Highly spiced dish cooked with onion, green pepper & fresh herbs (flaming contains sambuca).

**BADAMI 14.95** 🌶️  
**MED-HOT** A well flavoured chicken dish, cooked with cashew nut paste, onion & green peppers in a medium-thick sauce.

**ALOO KEMA PEAS 14.95**  
**MED-HOT** Spicy minced lamb, potato & peas cooked with fresh garlic, ginger, chopped chilli, cumin & garam masala.

**DEVIDAS 14.95**  
**MED-HOT** Marinated chicken & lamb tikka, cooked in a fairly hot sauce with fresh ginger, onion, peppers, pickled chilli & fresh coriander.

**JALFREZI\* 14.95**  
**HOT** Chicken cooked with fresh green chillies, onion, peppers, herbs & spices.

**NAGA CHICKEN\* 14.95**  
**HOT** Chicken flavoured with chilli for a madras dish, with naga chilli pickle, herbs & spices.

**GARLIC CHILLI CHICKEN KORAI\* 14.95**  
**HOT** Chicken cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices

**SIMLA MIRCHI 14.95**  
**HOT** This madras style dish, created to chef's own recipe of chicken or lamb with jalapeños & carefully selected herbs & spices.

**BENGAL BURNER 15.95** 🌶️  
**WARNING: RECOMMENDED FOR HOT CURRY LOVERS ONLY!**  
Bhuna style dish, but hotter than a phaal with different types of chilli & full of flavour.

## SIGNATURE DISHES

**LAMB EXOTIC 16.95**  
Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

**LAMB NIHARI 16.95**  
An Indian subcontinent dish consisting of tender lamb marinated in a special home style then slow-cooked with garam masala, nihari masala & mustard seeds. A slightly hot dish.

**NEPALI MIX MOSS 15.95** 🌶️  
Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

**AKBARI CHICKEN 15.95**  
Tender chicken strips cooked with minced meat, mushroom & green chilli, with a unique blend of herbs & spices to give an exquisite taste.

**JAIPUR CHICKEN 15.95**  
Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

## SEAFOOD SPECIALS

**FISH MOILEY 14.95**  
A well known dish from South India with white fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

**PRAWN GARLIC CHILLI 14.95**  
Prawns with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices.

**DESHI PANGAS 14.95**  
White fish cooked with tomato, garlic, ginger & blended spices.

**MACHLI PALAK 14.95**  
Sliced fillets of fish marinated over several hours in ginger, pepper, chilli & lemon juice in the clay oven then cooked gently with spinach in a medium-hot spice.

## TRADITIONAL CURRY

Most other curry dishes are also available:

KORMA 🌶️	ROGAN JOSH	SAAG
MALAYAN 🌶️	MEDIUM CURRY	BHUNA
DANSAK	DOPIAZA	METHI
CEYLON	MADRAS	PATHIA
PHAAL	VINDALOO	

**VEGETABLE & MUSHROOM 12.95** 🌱

CHICKEN 13.95	CHICKEN TIKKA 14.95
LAMB 15.95	LAMB TIKKA 15.95
PANEER 14.95 🌱	PRAWN 15.95

## BALTI

\*Swap chicken for lamb £1 extra.

Made with freshly prepared & ground aromatic spice mixture, combined with fresh garlic, ginger, onion, pepper & tomato – to give the Balti dish its distinctive taste.

**VEGETABLE & MUSHROOM BALTI** 🌱 12.95

**CHICKEN TIKKA BALTI 13.95**

**GARLIC CHICKEN KORAI BALTI 13.95**

**GARLIC CHICKEN CHILLI BALTI 13.95**

**CHICKEN MOTOR SAAG BALTI 14.95**  
Chicken, chickpeas & spinach.

**PRAWN BALTI 15.95**

**TANDOORI MIXED BALTI 16.95**  
Chicken, lamb & prawn.

## VEGETARIAN SPECIALS

**MIXED VEGETABLE RELISH 12.95**  
Selected fresh vegetables & mushroom, blended with coriander relish, creating a unique tasting dish.

**SHABJI GARLIC CHILLI 12.95**  
A hot dish of assorted fresh vegetables & Indian cheese stir-fried with diced onion, peppers, fresh garlic & chillies.

**CHILLI BRINJEL 12.95**  
Aubergine cooked with green chilli, garlic, herbs & spices. Garnished with flaked chilli & fresh coriander.

**PANEER DELIGHT 14.95** 🌶️  
A very mildly spiced fish of Indian cheese cooked with butter, coconut & cream.

**PANEER GARLIC KORAI 14.95**  
Cubed Indian cheese stir-fried with diced onion, garlic, peppers & herbs in a thick korai sauce.

**CHILLI PANEER 14.95**  
Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

## BIRYANI

Cooked with pilau rice & served with vegetable curry.

**VEGETABLE & MUSHROOM BIRYANI 12.95** 🌱

**LUCKNOW CHICKEN BIRYANI 13.95**

**LUCKNOW CHICKEN TIKKA BIRYANI 14.95**

**HYDARABADI LAMB BIRYANI 15.95**

**HYDARABADI LAMB TIKKA BIRYANI 15.95**

**BENGAL SPECIAL BIRYANI 16.95**  
Chicken, lamb, prawns & mushroom, topped with omelette.

## ALLERGY KEY

- 🌱 **VEGETARIAN**
- 🌶️ **CONTAINS NUTS**
- 🌶️🌱 **CONTAINS GLUTEN**

## DESHI HANDI

‘Deshi’ is used to describe Asian style cooking, ‘handi’ is a unique large cooking pot that is used specially to prepare food in Indian homes.

This authentically spiced dish is cooked on a slow heat using the ‘handi’ method, definitely for the curry connoisseur!

**VEGETABLE HANDI 12.95** 🌱

**CHICKEN / LAMB HANDI\* 13.95**

**HANDI SAAGWALA\* 13.95**  
Chicken (or lamb) with spinach.

**HANDI KEEMA\* 13.95**  
Chicken (or lamb) with minced meat.

\*Swap chicken for lamb £1 extra.

## TANDOORI

Tandoori dishes are marinated with herbs & spices overnight then barbecued in the clay tandoor. All served with salad & mint sauce.

**CHICKEN TIKKA\* 15.95**  
Marinated chicken tikka.

**HONEY CHICKEN TIKKA 15.95**  
Chicken breast pieces marinated in yoghurt & chilli-infused honey.

**TANDOORI CHICKEN 15.95**  
Half-on-the-bone.

**SIZZLING CHICKEN 15.95**  
Thinly sliced chicken tikka, stir-fried with onion & green pepper with herbs & spices a touch of methi.

**CHICKEN SHASLICK\* 16.95**  
Chicken tikka barbecued with onion, tomato & pepper.

**TANDOORI MIXED GRILL 17.95** 🌶️  
Chicken tikka, lamb tikka, sheek kebab & tandoori chicken, served with plain naan & side of curry sauce.

\*Swap chicken for lamb £1 extra.

## MASALA

The nations favourite mild curry dish, cooked with almond, coconut & cream.

**VEGETABLE & MUSHROOM MASALA 12.95** 🌱

**PANEER TIKKA MASALA 14.95** 🌱

**CHICKEN TIKKA MASALA 14.95**

**LAMB TIKKA MASALA 15.95**